

Completing your Hallam Award with your SU

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What is the Hallam Award?

The Hallam Award recognises the importance of developing graduate attributes, helping to prepare you for life after university. There are three levels which you can achieve – each one demonstrates your commitment and skills.

Don't forget! It's not just your rep activity that counts. You can volunteer, work alongside your studies, and even use the awards you've won towards your Hallam Award.

STAR Reflection Guidance:

For any activity you complete, whether it's rep related or not, you'll need to complete a STAR reflection on your experiences to demonstrate how your activities have contributed to developing your graduate attribute.

STAR stands for Situation, Task, Action, and Result. It is a key model of writing a reflection that is useful when applying for positions, attending an interview, or completing your Hallam Award! Here is the model broken down:

Situation – Briefly outline the situation you had to deal with

Task – Describe the task you were asked to do in this situation

Action – Give some more detail on the action you took for this situation

Result – Describe what happened as a result of your action, and what you learned from the experience

What Course Rep activities count?

Bronze

For the Bronze Award, you can reflect on signing up to be a Course Rep and what you have learnt by attending one of our training sessions.

You could also reflect on attending your Student Voice Meetings (previously called Staff Student Committee Meetings), or Student Forums (previously called Department Student Forums) and what you did to contribute to these.

Silver

For the Silver award, you could reflect on any additional training sessions you attended that we run for our Course Reps throughout the year (including RepCon in November). Alongside discussing any contributions that you made in your Student Voice or Student Forum meetings, such as agreeing actions with your Course Leader.

Additionally, you could submit a Rep of the Month nomination for one of your fellow reps and describe this in your reflective submission. Make sure to link it to one of the Graduate Attributes (see below for a reminder of these!)

Gold

For Gold, you could ask your Course Leader to co-chair a meeting and describe what you learnt through doing this.

You could also work as one of our Lead Reps. Lead reps work with Course Reps and leaders of their university school/institute to make changes on a more strategic level. This is a paid position, which demonstrates your commitment and responsibility. Applications usually open around April each year.

The Graduate Attributes

| Graduate attribute | Description | Actions |
|-----------------------|---|--|
| Confidence | The ability to demonstrate that you can clearly articulate your strengths, values, and opinions. | <ul style="list-style-type: none"> • Approaches tasks with optimism • Backs own judgment and decision making • Volunteers for key roles in a team, taking on leadership roles when appropriate |
| Creativity | The ability to offer new and different perspectives to a challenge independently. | <ul style="list-style-type: none"> • Adapts approach to situations • Generates new ideas to problem solve • Challenges and thinks critically about the received wisdom and status quo |
| Resilience | The ability to recover quickly from criticism or disappointment and maintain focus under pressure and changing circumstances. | <ul style="list-style-type: none"> • Copes well with deadlines and competing pressures • Finds ways to continue a task when information or circumstances change • Realistically evaluates challenges and proactively responds to them • uses criticism to better themselves or their work |
| Responsibility | Takes ownership. Demonstrates a high level of dependability and leadership and can be relied upon consistently. | <ul style="list-style-type: none"> • Completes all assigned tasks on time • Fulfils all commitments made to peers, supervisors, and lecturers • Admits mistakes, misjudgements or errors • Autonomous learners capable of self-management including time management and initiative |
| Credibility | The ability to have people trust your agenda or idea over another person with similar information or results. | <ul style="list-style-type: none"> • Actively listens to the content of what people are saying and responds appropriately, to build buy-in • Establishes credibility and works cooperatively with others to move things on • Employs different techniques and adjusts style to have the best impact |
| Adaptability | The ability to recognise and react appropriately and effectively to situational change and/or ambiguous information. | <ul style="list-style-type: none"> • Prepared to change course when circumstances change • Able to plan before all information is known • Comfortable with the fact that some decisions will be wrong • Embraces and anticipates change |
| Curiosity | The ability to look beyond the obvious, independently appraise information and seek to improve | <ul style="list-style-type: none"> • Critically evaluates information in order to improve understanding |

| Graduate attribute | Description | Actions |
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| | the performance of yourself and others. | <ul style="list-style-type: none"> • Always adopts an enquiring approach • Regularly reflects on own performance and approach to seek improvement <ul style="list-style-type: none"> • Asks good questions • Seeks additional opportunities to learn more |
| Enterprising | The ability to seek out opportunities and try new things, whilst being resourceful, showing initiative and being comfortable with risk. | <ul style="list-style-type: none"> • Demonstrates an innovative approach, creativity, collaboration and risk-taking • Always looks for new opportunities <ul style="list-style-type: none"> • Commercially / professionally / situationally aware • Demonstrates innovative thinking |
| Driven to succeed | The ability to consistently seek to over-deliver against expectations and work productively and reliably. | <ul style="list-style-type: none"> • Demonstrates a clear desire to meet and exceed objectives • Focused and productive to meet given time limits • Demonstrates a drive and necessity to successfully complete a particular task • Anticipates problems at an early stage and takes action to resolve |
| Emotional Intelligence | The ability to manage your feelings and express them appropriately and effectively, enabling people to work together. | <ul style="list-style-type: none"> • Can help improve others' optimism by understanding their emotions • Manages own feelings and expresses them appropriately • Takes time to understand the feelings and perspectives of others • Regularly evaluates own behavioural performance to ensure they are rational |
| Globally minded | The ability to interact effectively with people from different backgrounds and cultures and use appropriate behaviour to recognise cultural differences. | <ul style="list-style-type: none"> • Considers and respects different perspectives, based on cultural diversity • Demonstrates awareness of differences and influences of different cultures, and seeks to learn more • Takes into account different audiences, adjusting behaviour to respond to how other people think and behave in different cultures or environments |

| Graduate attribute | Description | Actions |
|--------------------|--|--|
| Integrity | Makes decisions consistently and accepts responsibility for your actions. Makes ethical decisions and considers the context before acting. | <ul style="list-style-type: none">• Takes responsibility for own actions and mistakes• Makes what they believe to be the right ethical decision• Articulates rationale behind decisions• Is aware of the impact and implications of decisions |

How can I find out more?

For more information, visit [Hallam Award | Sheffield Hallam University \(shu.ac.uk\)](https://www.shu.ac.uk/hallam-award) or contact studentreps@shu.ac.uk and one of our representation team will get back to you.